



Waiver

I know that running/walking road race is a hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of an official, relative to my ability to safely complete the race/walk. I assume all risks associated with running/walking in this event including, but not limited to, falls, contact with other participants, traffic, the effect of the weather, including high heat or humidity, and the conditions of the road. All such risks being know and appreciated by me. Having read this waiver and knowing those facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release all sponsors, their relatives, their representatives, race volunteers and race directors, from all claims or liabilities of any kind arising out of my participation in this event.

Signature of Adults Participating:

Parent/Guardian must sign for children under 18

Date



Support Us! Make a Donation!

Above all, the Plum Creek 5K is about helping the City of Lexington Parks & Trails. Whether you are participating in the run, or if you just want to contribute, every dollar counts. We appreciate gifts of any amount.

**For more information, contact
Ann Luther at (308) 325-5277 or
Jake Saulsbury at (308) 746-3543.**



MAKE SPARKS! RUN FOR THE PARKS

PLUM CREEK 5K

Friday, July 2 - Monday, July 5

5K Run/Walk ★ With Obstacles

The 5K run/obstacle course will start at the Lexington Hitting Complex, 1601 W. 13th. You have from Friday, July 2 at 6:00pm - Monday July 5 at 8:00pm to finish the race. **A map of the course will be provided before the event.**



