

REGISTRATION DEADLINE: June 18



CITY OF FLEX PARKS AND RECREATION  
LEXINGTON FAMILY AQUATIC  
CENTER "LFAC"

CITY OF LEXINGTON

# TRIATHLON

# 2023

**JUNE 18 - JULY 16**

SWIM: 2.4 MILES

BIKE: 112 MILES

RUN/WALK: 26.2 MILES

28 DAYS TO COMPLETE!

Name: \_\_\_\_\_

Phone #: \_\_\_\_\_

DOB: \_\_\_\_\_

Guardian Signature if 17 yrs and younger \_\_\_\_\_

T-shirt Size: \_\_\_\_\_

- >Swimming Completed at LFAC
- >Bike/Run/Walk on your own
- >Track your progress at LFAC

**\$40.00 Registration Fee, Includes LFAC Lap Swim Admission  
Fee and 1/4 Zip Dri-Fit Pullover**

**Checks Payable To: City of Lexington  
Mail Checks To: PO Box 70, Lexington, NE  
or Drop Off At: LFAC**

Contact: Ann Luther, 308-325-5277,  
aluther@cityoflex.com