

DOG DAYS OF SUMMER

Lexington Cross Country



5K Run & Dog Walk

Saturday, August 3, 2019

Lexington High School-Ray Ehlers Stadium



Race Details:

**8:05 a.m start for both
1 mile and 5K**

Course: Stadium start/finish

The course will be on 13th street to the airport, airport road, and loop back to the high school.

Age Divisions:

12 and under; 13—15, 16—19, 20-29, 30-39, 40-49, 50 and over

Awards/Prizes/Refreshments

- ✓ T-shirt for pre-registered entrants
- ✓ Free dog item and treats for dog participants
- ✓ Age division awards
- ✓ Swim pass for Lexington Aquatic Center -Aug. 3
- ✓ 5K race: Gift Certificate to the 1st female, 1st male (non-high school age)
- ✓ Drawing for participants following races/ Prizes from Spring Creek Pet Spa
- ✓ Refreshments following race



Entry Fee

1 mile fun: \$15

5K: \$20

(entries by July 24 to guarantee shirt)

ONLINE REGISTRATION: <http://www.runreg.com/lex-xc-5krun>

Late Registration allowed but shirt not guaranteed

Registration forms available at Lexington locations:

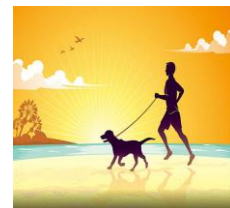
the YMCA, LHS Office, , Anytime Fitness, Spring Creek Pet Spa- in Lexington
or Sam Jilka at sam.jilka@lexschools.org

Checks payable to Lexington Public Schools

Proceeds benefit the Lexington Cross Country team and a portion of proceeds will be donated to the Humane Society and/or Animal Rescue

Dog Walk Participants:

It is the responsibility of the person walking the dog to have it leashed at all times, clean up is done by the participant, and the dog must be disciplined to handle groups of people and other dogs nearby.



A waiver for dog walkers and runners must be signed prior to participation.